

## Ardingly Rowing Club – Risk Assessment amended February 2015.

RISK	WHO IS AT RISK	LIKELIHOOD OF HARM VU/U/L/VR	SEVERITY S/M/E	RISK LEVEL	PROPOSED ACTION TO CONTROL RISK TO A TOLERABLE LEVEL
Injury through lifting & moving boats	Rowers and Helpers	Unlikely	Medium	Medium	Steps made available Ensure safety instruction given as part of induction Ensure enough people for size and weight of boat Cox or coach to take charge of boat drill
Injuring others whilst carrying blades	Rowers and Helpers	Unlikely	Medium	Medium	Carry spoon first & be aware of what's behind you
Stumbling/slipping when moving boats on ramp/pontoon Slippery surface on pontoon/ramp	Rowers and Helpers	Likely	Medium	Medium	Ramp/pontoon to be swept regularly First person present to scrap off any bird muck/mud or ice – broom available to clear area Road salt available to put on ramp in frosty weather
Slipping off pontoon into reservoir	Rowers and Helpers	Likely	Slight	Low	As in shallow water, person should be able to get out very quickly before risk of hypothermia Fenders along edge to assist
Hitting others on pontoon Hitting coaching launches	Rowers and Helpers	Likely	Medium	Medium	Awareness of others and keep close watch & listen for warning shouts, especially when turning boats
Incident through difficult weather or water conditions&/or strong North East wind	Rowers	Likely	Medium/ Extreme	High	Weather and water conditions assessed by coach Only allow competent rowers on water Launch to accompany rowers, if appropriate cancel session

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		VU/U/L/VR	S/M/E		
Tripping over equipment left lying around	All	Likely	Medium	Medium	All equipment to be put away, if not being used immediately
Boats on stands or trailer being blown off by wind	All	Likely	Medium	High in strong winds	Equipment to be promptly secured onto trailer Put one end of boat on ground if high wind likely Use lower trestles if possible
Capsizing in general	Rowers	Likely	Medium	Medium – summer High - winter	<ol style="list-style-type: none"> <li>1) Induction talk to be attended by all</li> <li>2) Stay with the boat and get as much of your body out of the water as possible</li> <li>3) Extract from water asap – wrap in thermal blanket and return to pontoon for shower and change of clothes</li> <li>4) Keep in sight of other rowers</li> <li>5) Swimming competency test</li> <li>6) Individual rowers at own risk</li> </ol>
Junior sculls capsizing	Rowers	Likely	Medium – summer High – winter	Medium – summer High – winter	Juniors not to go beyond white posts unless accompanied by the launch Launch to be available at all times
Collisions between rowers and other reservoir users	Rowers & other reservoir users	Likely	Medium	Medium	Circulation pattern must be observed. Long course only to be used if accompanied by launch or no other users on the water All to keep a good lookout Everyone to sign in & out on board or participation list kept by coach Single scullers & bow person of crew to wear white or brightly coloured top.

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Poor visibility Including fog	Rowers	Likely	Medium	Summer – slight Winter – medium	Coach to asses at time Opposite bank must be visible from pontoon All in water to keep sight of western bank Brightly coloured or high visibility clothing to be worn by all
Lightning	All	Likely	Medium	Low	Take all boats off water, put away Cancel session and go home Proper shelter if needed will be Activity centre building or car(s)
Hypothermia	Rowers	Likely	Medium	High	Appropriate clothing to be worn – hats in winter
Illness from ingestion of reservoir water	Rowers	Unlikely	Medium	Low	Inform rowers of risk and to try not to ingest water Seek medical help if become ill/symptoms occur

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<b>This section applies particularly to movements of the trailers</b>					
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General use of trailers	Towers, rowers and other road users	Likely	Medium	Medium	All trailer drivers to be familiar with the Guidelines on the Club website and to have checked the check list before each journey
Injury or accident when manually trail	All	Unlikely	Medium	Low	Ensure enough people to position trailer safely and secure trailer Ensure chocks available to prevent roll back when turning trailer at top of ramp
Insecure load on trailer	Other boat users	Unlikely	Medium	Medium	All boats to be properly secured (large boats to use three ties) and also other items in well of trailer
Incorrect weight ratios leading to snaking	Tower and other road users	Likely	Medium	Medium	Driver of towing vehicle responsible for ensuring the weight ratios conforms to the law and British Rowing guidelines

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<b>This section applies particularly to Launches and Launch drivers</b>					
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Launch driver falling in water	Drivers and other boat users	Unlikely	Medium	Medium	Buoyancy aid to be worn by all boat users Kill cord to be attached to driver & operational at all times Only trained drivers to use launches and to be fully equipped as per safety code inc. Yellow Rescue Bag
Swamping other boats with wash	Rowers and other boats	Medium	Medium	Medium	Care to be taken when travelling at speed
Passenger falling off launch	Passengers	Unlikely	Medium	Medium	Warn passengers before suddenly increasing speed Passenger to wear buoyancy aid
Unaccompanied rowers	Rowers	Likely	Medium	Medium	For unsupervised rowers to inform reservoir before going on water and again on departure
Capsized individual being injured by the propeller	Capsized person	Unlikely	Severe	Medium	Launch motor to be turned off if conditions allow, otherwise engine gear lever must be in neutral Be aware of wind direction when approaching casualty
Putting engine on/off Blue launch	Launch driver	Likely	Medium	Medium	Second person to be present, care to be taken when lifting engine (bend the knees)
Launch driver boarding launch, especially when moored away from pontoon	Driver	Unlikely (Likely – Winter)	Medium	Medium	Use de-icer when appropriate Ensure other person(s) are on hand when collecting moored boats
<b>MOTOR LAUNCHES POINTS TO NOTE: -</b> Only to be driven by trained drivers Buoyancy Aids to be worn at all times and rescue kitbag also to be carried at all times					

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MOTOR LAUNCHES POINTS TO NOTE: - (continued)

Kill cord to be operation at all times

Ensure paddles/oars are carried when out on the water

Radios to be on board 2 main launches and switched on then returned to Activity Centre after use.

**This section applies only when the Triathlon Club are also using the reservoir, usually Saturday mornings in the Summer**  
**The Triathlon Club will have exclusive use of the rowing lane between the red buoys and the western bank and up to the “beach area” which is just past the fourth red buoy. No rowers should be in this area on these occasions.**

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Collision between swimmers and rowers	Swimmers	Likely	Medium	Medium	Total separation to be kept between swimmers and rowers. Coaches from both Clubs to liase each time and agree circulation pattern		
	rowers	Unlikely	Slight	Low			
Use of pontoon	Swimmers and rowers	Unlikely	Slight	Slight	Each group to use and clear before the next one uses it		
Rowers coming in early whilst swimmers still out	Swimmers	Likely	Medium	Medium	Rowers to approach pontoon from Dam end if wind conditions allow and ensure no swimmers are in the water on the reservoir side of the pontoon		
	rowers	Unlikely	Slight	Low			
Tri club taking rest period and holding on to the	Swimmers	Likely	Medium	Medium	Coach to keep close watch and advise Tri club if crews coming in so that swimmers can move out of the way in time		
	rowers	Unlikely	Medium	Low			

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pontoon					
<b>is section applies only to Low Water conditions.</b>					
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Risk of slipping on muddy ramp and approach to pontoon	Rowers and Helpers	Likely	Medium	Medium	Appropriate footwear – no flip-flops Take extra care, move cautiously and use more people when moving boats
Grounding and collision with partially submerged objects	Rowers and launch drivers	Likely	Medium	Medium	Rowing to be in clockwise direction ensuring enough water between blades and bank to prevent capsize Launch driver to assess possible hazards at start of outing Junior crews to remain with launch until told otherwise
Additional rope floating from buoys	Launch driver	Unlikely	Low	Medium	Launch driver to observe buoys and keep well clear

Key :- VU – very unlikely, no action required , U – unlikely, no additional control, think about improvement , L – likely, need to reduce , VR – very risky, urgent action required

S – slight, M- medium, E – extreme