

*Please return this form with payment to:*

*Robert Simpson, 1 Kents Farm Cottages, Malthouse Lane, Hurstpierpoint, Hassocks, BN6 9JZ*

*Tel. 01273 835824      Email: rosim2730@hotmail.com*

To ensure that the Club has the correct contact details for you, please insert the information requested below and return this form to me as soon as possible. If you are under 18 please also ask a parent or guardian to sign this form before it is returned.

**Personal details**

Participant’s Full Name:.....Date of Birth:.....

Address.....Post Code.....

Home Phone Number.....

Mobile Number.....

Parent/Guardian Email .....

**Emergency information**

Please insert the information below to indicate the person(s) who should be contacted in case of an incident/accident:

Contact name (e.g. parent/guardian):.....

Emergency contact number:.....

In the event of any injury or illness all reasonable steps will be taken to contact the person named, and to deal with that injury/illness appropriately.

**Medical information**

Is your child currently or has she/he ever suffered from any of the following? Please indicate below. This information is confidential but important to ensure your child’s wellbeing as a participant.

Asthma	yes/no	Epilepsy	yes/no	Diabetes	yes/no
Bronchitis	yes/no	Blackouts	yes/no	Ear Problems	yes/no
Muscular/skeletal injuries: e.g. back injury		yes/no		Circulatory Problems	yes/no

Is he/she currently taking any form of medication? yes/no

If the answer is yes to any of the above, please give details below or overleaf

**Safety information**

Can you/he/she swim 100 metres in a long sleeved top and tracksuit bottoms? Yes / No

(A swim test and/or capsized drill will be carried out by the Club in the early stages, but advance warning will be given. An additional charge will have to be made for this to cover pool hire and lifeguard cover).

**Height** ..... **Weight**.....

**Other information**

There will be at least two instructors available to help and assist participants. In addition the existing junior members of the club may also be taking part.

On occasions video and photography may be used during the course of training at the club for the explicit purposes of technical coaching, such video will not be used for any other purposes and will on request be made available to the appropriate parent for viewing. Sometimes the Club likes to acknowledge members’ achievements through photographs for promotional reasons. We are very careful to use only appropriate photographs or images and are fully aware of all Child Protection legislation surrounding their protection. Should any parent object please notify the Club immediately in writing.

**To be completed by parent/guardian**

By returning this completed form, I agree to my son/daughter/child in my care taking part in the activities of the club.

I understand that I will be kept informed of these activities.

Signature of parent/guardian..... Please print name.....

Participant’s signature..... Date.....

**For completion by ARC coach:**

I have been through the Induction Procedures with the above and have advised him/her where to find the British Rowing “Row Safe” leaflet.

Signed .....(Coach) Date.....